

VOYAGEUR OCTOBER 2018

Dear church family,

My wife, Pastor Michelle Miller, has been on a renewal leave for the past two weeks. During this time, we've reflected together on how ministry has changed since we graduated from seminary in 2006.

One of my perceptions is that church is becoming much more about making and being church together. My role as pastor has more to do with incorporating people into the body of Christ, and has less to do with being the resident "expert" on religion. While the congregation includes a significant part of my personality and training, it is substantially affected by how we integrate the gifts and graces of people in our church family. When new people arrive, or when less new people bring new gifts, I believe the Holy Spirit has more to work with in helping us to live out our call.

One of the ways this shift is apparent in our congregation is with the newly created community events and volunteer coordinator staff position. Rather than providing specific programs (such as leading youth ministry), she will be helping us to organize and equip ourselves to be the church. This can be a subtle distinction with a lot of overlap. In order to start a new ministry, one sometimes has to take a lead role in getting it started. But if this role becomes fixed, it will limit the possibilities for beginning or enhancing new ministries.

In the midst of this time of great change in the world and in our church, I am especially grateful for how I experience the Spirit moving. We have a renewed sense of energy and enthusiasm in choir. New people are becoming part of worship in both services. Through the Community Table, we continue to provide a place for people to participate in a shared meal and fellowship. Some of the people served are becoming involved in other areas of our church life. It's an amazing time.

It's also a time where much is new. In recent weeks, I have had experiences in doing something new that have turned out to be less than what I was hoping for. It's a less than satisfying feeling. Usually, it involves making small adjustments.

More often, I have experienced surprise when planned events and activities turn out to be much more than what I anticipated. Both experiences are necessary for us to grow in our trusting relationship with God. I believe we are living in such a time, and I am grateful for you.

Blessings,

Pastor Rob

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 5:30-8:30 Girl Scouts	2 5:30 Nominating Committee Meeting 5:30 Yoga 5:30 AA 5:30 Ruby Tuesday Singers Rehearsal	3 9:45 Service at Havenwood 10:45 Service at Neilsen Place 1:00 Staff Meeting 3:30 Bible Study 5:00 Community Table 5:30 Choir 6:30 Youth Group	4 2:00 Grief & Loss Support Group 5:00 Community Table 6:15 Lotus Zen Meditation	5 4:00 in Lounge Groom's Dinner 7:30-10:00 Square Dance	6 4:00 pm Krista Stowe Wedding 9:30 Yoga	
7 9:00 Adult Sunday School 9:30 Early Family Worship 10:30 Worship	8	9 5:30 Yoga 5:30 AA 5:30 Ruby Tuesday Singers Rehearsal 6:30 Trustees Meet	10 1:00 Staff Meeting 3:30 Bible Study 5:00 Community Table 5:30 Choir 6:30 Youth Group	11 4:00 SPRC Meets 5:00 Community Table 6:15 Lotus Zen Meditation	12	13 9:30 Yoga 5:30-8:00 *Game Night in the Lounge*	
14 9:00 Adult Sunday School 9:30 Early Family Worship 10:30 Worship	15	16 5:30 Yoga 5:30 AA 5:30 Ruby Tuesday Singers Rehearsal 5:30 Finance Meets	17 9:15 BMW Meets 1:00 Staff Meeting 3:30 Bible Study 5:00 Community Table 5:30 Choir 6:30 Youth Group	18 12:00-4:00 PEO in the Lounge 5:00 Community Table 5:30 HCI Steering Meeting 6:15 Lotus Zen Meditation	19 NEWSLETTER DEADLINE	20 9:30 Yoga 10:00 Prayer Shawl Meeting	
21 9:00 Adult Sunday School 9:30 Early Family Worship 10:30 Worship 2-4:30 Square Dancing	22	23 5:30 Yoga 5:30 AA 5:30 Ruby Tuesday Singers Rehearsal 5:30 Council Meets	24 1:00 Staff Meeting 3:30 Bible Study 5:00 Community Table 5:30 Choir 6:30 Youth Group	25 2-5:30 Stamping Group 5:00 Community Table 6:15 Lotus Zen Medi- tation	26	27 9:30 Yoga	
28 9:00 Adult Sunday School 9:30 Early Family Worship 10:30 Worship	29	30 2-3:30 Evergreen Meeting 5:30 Yoga 5:30 AA 5:30 Ruby Tuesday Singers Rehearsal	31 1:00 Staff Meeting 3:30 Bible Study 5:00 Community Table 6:30 Youth Group	hello october, please be good.			

BEMIDJI UNITED METHODIST CHURCH

Church Office hours:
9:00am ~ 2:00pm
Monday ~ Friday

Office Phone: 218-751-3503
Pastor Rob Phone: 218-766-8744

If you wish for a pastoral home visit or hospital visit, or know someone who needs or desires a visit, please call the church office.

JUST A REMINDER....

Articles for the October Newsletter are due in the office no later than **9:00am on Friday, October 19, 2018**. Any announcements you wish to have in the Sunday bulletin must be emailed, or delivered to the office by **9:00am on Thursdays**.



THANK YOU!

Email Addresses: Church Office, Tammy: umcbji@paulbunyan.net
Pastor Rob: revrmkopp@gmail.com
Mailing Address: PO Box 607, Bemidji, MN 56619
Street Address: 924 Beltrami Avenue NW, Bemidji MN 56601

Worship Service Volunteers October 2018

USHERS: *Coordinators Mike & Rita Albrecht*

GREETERS: *Coordinators Mike & Rita Albrecht*

October 7: Bill & Kathy Stryker
October 14: Mike & Rita Albrecht
October 21: Roy & Jan Miller
October 28: Merrill Theil & Ruth Howe

October 7: Helen LeClaire & Elaine Clark
October 14: Jack Spangenburg & Sue Cuperus
October 21: Vince & Betty Freborg
October 28: Dave & Alice Larkin

READERS: *Coordinator Becky Lueben*

October 7: Larry Young
October 14: Judy Dvorak
October 21: Dave Larkin
October 28: Jeff Anderson

COFFEE SERVERS: *Coordinator Lorne Lofberg*

October 7: Lorne & Verna Lofberg
October 14: Jim Gray & Sue Cuperus
October 21:
October 28: Bob & Carolyn Ballard

H.C.I

What do the letters “H.C.I” mean? Not just “Healthy Church Initiative”. To the dozen members of the HCI Steering Committee who met this past Thursday evening they stand for: “High Energy; Constructive Change, and ; Intelligent Outreach”! The group was thrilled to hear the amazing plans of our new Events and Volunteer Coordinator Grace Pastoor: a safe and fun “Trunk or Treat” October party for children; an on-site “Coffee House” experience for BSU students; “Family Movie Night” for parents and kids. The Group also reviewed the positive feedback informally gathered at the Rally Day Potluck regarding the on-going experiments with alternative seating and expanding the worship experience through our new family-focused early service. For over an hour, the group engaged in a wonderful, wide-ranging discussion of expanding our outreach to the diverse groups and communities that make up Bemidji. Stay tuned! Exciting developments ahead!
Randy Burg

Trunk-or-Treat Announcement

Bemidji United Methodist Church will hold a community Halloween event as part of ongoing efforts to engage with the Bemidji community and attract young families with children to the church.

BUMC’s new Volunteer and Events Coordinator Grace Pastoor is seeking volunteers to put on a “Trunk-or-Treat” event, tentatively scheduled for Friday, Oct. 26.

During a Trunk-or-Treat event, each volunteer decorates the trunk of their car, sticking to a kid-friendly theme. Participants park their cars in a large lot and children go from car to car, collecting candy. Trunk-or-Treat events often feature other activities like games, prizes, a costume contest or other kinds of family-friendly entertainment. We believe this is an ideal opportunity to participate in BUMC’s neighborhood and show the community what we have to offer children and families.

The event’s exact time and location are to be determined. To volunteer, contact Grace Pastoor at 952-913-1784 or pastoorgrace@gmail.com.



OCTOBER MEMBER CELEBRATIONS

Please celebrate and pray for these people on their birthday and anniversary.

BIRTHDAYS

- 03 Charles Parson, Tim Fellman
- 05 Erin Morehouse
- 07 Selina Gilbertson, Kyle Lee, Kristi Norland
- 10 Elizabeth Bellefy, Emily Douglas
- 11 Tony Nicholson
- 12 Albert Clark
- 13 Judith Swearingen, Kristen McRae
- 15 Gale Brooks
- 17 John Murray
- 18 Dwayne Burghart, John Nicholson
- 23 Garrett Halverson
- 24 Nancy Manley
- 26 Vernon Ditty
- 28 Trish Nelsen
- 29 Piper Newago
- 30 Deanna Nichols

ANNIVERSARIES

- 11 Randy Burg and Carol Nielsen
- 11 Darren and Danielle Kimble
- 12 Red and Darlene Wilson
- 14 Jim and Ginger Tibbetts
- 16 Aaron and Jenny Frenzel
- 16 Ken and Deanna Nichols



If your birthday or anniversary or the birthday or anniversary of a parishioner is missed here, please call Tammy at the office so it will be included in the Sunday bulletin and future Voyageurs.

REMEMBER IN YOUR PRAYERS THOSE...

- ... at *Neilson Place*: Bill Britton, Marian Blehm, Nelle May,
- ... at *Trillium*: Dick Slinkman, Lois Statton, Judy Comstock, Lorraine Sorensen
- ... at *Windsong*: Wag Collins, Bert Clark, Karren Clark, Jean Slinkman
- ... in *Brandon, SD*: Doris Pierce
- ... at *Baker Park*: Kathleen Magsam
- ... at *Havenwood Care Center*: Patty Boyer, Mary Conner, Grace Daniels, Betty Howard, Vern Ditty
- ... at *Goldpine*: Marjory Beck, Laura Hays, Dorothy Sathre, Ruby Hausauer, Dorothy Baxter
- ... at *Tanbark Assisted Living in Lexington, KY*: Margaret Skinner
- ... at *May Creek in Walker, MN*: Ruth Weis



The Bemidji Methodist Women will resume meeting on Wednesday, October 17 at 9:15am in the lounge with refreshments being served.



HOSTESSES: Joyce Holmstrom & Skip Larson

PROGRAM: Churches United,
Wanda as speaker

DEVOTIONS: Sue Cuperus

BUSINESS MEETING: President—Verna Lofberg

Come join us for fellowship.

To the Family & Friends of **John Murray** ;

October 17th is a rather special day, as John Murray will be celebrating his 90th birthday.

It would be so fun for him to get a card each day of that week in celebration.

Send a birthday card to John Murray the week of his birthday - October 14-21st .

John L. Murray
202 Galveston Crossing, Apt. #420
Houston, Texas 77077



Warm Regards, Laura Thomason, Doug Murray, and Karen Bockstahler

Volunteer & Events Coordinator

Dear BUMC Family,

Many of you probably know that the church recently hired a new volunteer and events coordinator to help us both expand our horizons and keep already-successful programs running smoothly. I accepted the position and began working at the church in early September, and want to introduce myself.

I grew up in St. Louis Park, Minn., near the Twin Cities, and graduated from high school there. I studied communications and journalism at the University of St. Thomas in St. Paul and, after graduating with a bachelor's degree in 2016, moved to Bemidji to work for the Bemidji Pioneer.

I covered crime and courts for the Pioneer for two years, before deciding to move on to something different – this job! In addition to my work at the church, I do a few fun things on the side, including roller derby and CrossFit. I enjoy knitting and cycling, and collect fountain pens. I'm an avid reader and continue to read true crime, even though I no longer write it myself.

I'm excited to use my communication skills to help a church that obviously cares deeply for its community. Feel free to reach out to me at pastoorgrace@gmail.com.

Grace Pastoor

October is Domestic Violence Awareness Month

If you watch the local news, you must be aware of the increase of reporting of domestic violence in recent years. Anyone can be an abuser. They come from all groups, all cultures, all religions, all economic levels, and all backgrounds. They can be your neighbor, your pastor, your friend, your child's teacher, a relative, a coworker -- anyone. It is important to note that most abusers are only violent with their current or past intimate partners. One study found 90% of abusers do not have criminal records and abusers are generally law-abiding outside the home. There is no one typical, detectable personality of an abuser. However, they do often display **common characteristics**.

- An abuser often denies the existence or minimizes the seriousness of the violence and its effect on the victim and other family members.
- An abuser objectifies the victim and often sees them as their property or sexual objects.
- An abuser has low self-esteem and feels powerless and ineffective in the world. He or she may appear successful, but internally, they feel inadequate.
- An abuser externalizes the causes of their behavior. They blame their violence on circumstances such as stress, their partner's behavior, a "bad day," on alcohol, drugs, or other factors. An abuser may be pleasant and charming between periods of violence and is often seen as a "nice person" to others outside the relationship.

Red flags and warning signs of an abuser include but are not limited to:

- Extreme jealousy
 - Possessiveness
 - Unpredictability
 - A bad temper
 - Cruelty to animals
 - Verbal abuse
 - Extremely controlling behavior
 - Antiquated beliefs about roles of women and men in relationships
 - Forced sex or disregard of their partner's unwillingness to have sex
 - Sabotage of birth control methods or refusal to honor agreed upon methods
 - Blaming the victim for anything bad that happens
 - Sabotage or obstruction of the victim's ability to work or attend school
 - Controls all the finances
 - Abuse of other family members, children or pets
 - Accusations of the victim flirting with others or having an affair
 - Control of what the victim wears and how they act
 - Demeaning the victim either privately or publicly
 - Embarrassment or humiliation of the victim in front of others
- Harassment of the victim at work

For anonymous, confidential help 24/7, call National Domestic Violence Hotline at 1-800-799-7233 (SAFE).

"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another."

John 13:34 ESV

Judy Lightowler, MS, RN, CLM PN

NSD Parish Nurse
metlight@eot.com (218)298-0786

**2017-UNITED
METHODIST CHURCH**

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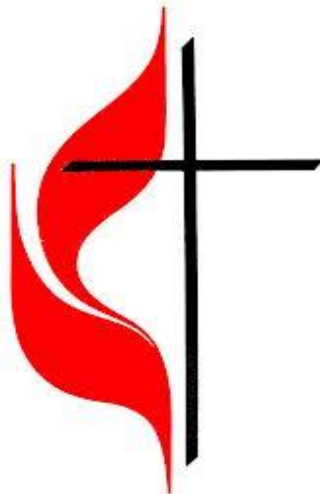
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Return Service Requested

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open hearts
open minds
open doors



The People of the United Methodist Church

Church Staff

Reverend Rob Kopp
Pastor

Tammy Freye
Secretary/Bookkeeper

Dave Vick
Custodian

Cynthia White
Organist

Linda Wagner
Chancel Choir Director